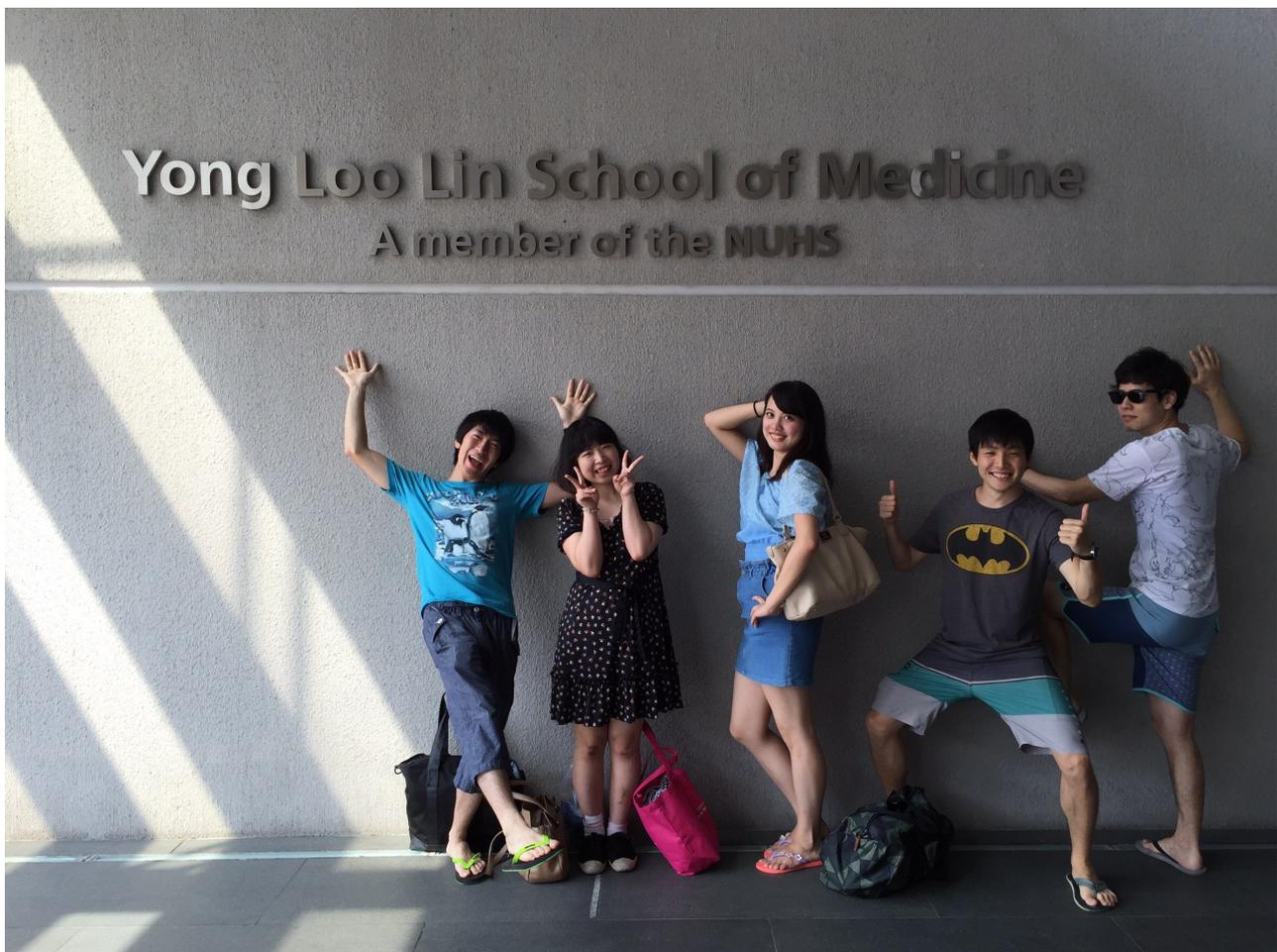

2016 EXCHANGE PROGRAM

National University Of Singapore

Yuta Shigemura - 2016年4月4日-4月29日





Report of training and studying in NUS
period: from 4th April 2016 to 29th April 2016
department: Haematology

I studied in National University of Singapore in April.

I mention 4 things.

Why I wanted to go NUS,

What kind of training I did in NUS,

How was my life after my duties,

Can I recommend you to go NUS

First, Singapore is Island nation and city-state in Southeast Asia.

Singapore is located in southern tip in Malay peninsula, 137km north of equator.

Singapore is famous for their human resource development and is top-rated country about their education, economic competitiveness and medical system (by wikipedia)

Why I wanted to go NUS

I wanted go to Singapore because it is summer always in Singapore(I like summer), and I heard that Singapore is very clean and safety nation.

I wanted to go NUS because NUS is one of the top-rated university in the world.

What kind of training I did in NUS

I studied in Haematology for 4weeks. It is most common among the elective student that studying for 2 weeks in one department. But I think 4 weeks is very good period for me because I need 2weeks to get used my surroundings.

First, we go hospital from Monday to Friday.

Monday, Tuesday, Wednesday is very similar days. I mention my Monday in a day.

morning round in Ward

One group consist of 3members.(consultant,registrar, MO)

we start from W56, and at the end of round we go to ICU.

I heard that people in foreign countries think I am a poor student when I do not ask anything, so I try to keep asking whatever small thing what I cannot understand.

All doctors look very busy but they stop their working and they answer to my question kindly. So I got a lot of things in round.

taking a small rest in kopitian

They have a clinic after morning round.

between morning round and clinic, we have a small rest in kopitian.

We meet at kopitian in 8-10 members and catch up with each other.

Milo which is similar to cocoa is very famous in Singapore and actually this is nice.

morning clinic

my supervisor has clinic everyday. student sit down behind the doctor and see clinic.

Doctor explain about the last patient before next patient coming.

almost all case, doctor and patient talk in English but sometimes they speak in another language.

however this is not boring time because doctor give me small task in that case.

therefore I get many things in clinic.

Lunch

I'm surprised by the building of medical center because from first floor to 5th floor of this building is shopping mall. so we can get lunch in that mall.

afternoon clinic or procedure.

we looked bone marrow, IT, and PICC.

MO can do procedure like bone marrow or IT by themselves after they do such procedure with registrar three times. And registrar is also young so I realize that they can do many things when they are young in Singapore.

Usually, doctors of radiology do PICC, but in that case, hematology doctor did PICC because Plt was too low.

this is my one Monday in NUH.

Thursday and Friday there are some meeting but basically same as Monday.

for me, meeting is very difficult to understand because their English is very fast for me. But when they talk to me , they kindly speak slowly so I can understand.

And our duty finish at 5pm.

all doctor answer to my question very kindly when I ask.

What did I do after my duty and weekend.

I think I went to almost all places for tourist and I tried eating all famous food in Singapore .

MBS, night safari, china town, sentosa island, mar lion, garden by the bay, and many places.

Chicken rice, Bakkwa, chilli crab, bakkutteh, laksa and many things

Food in Singapore is very good for me.

And I remember 3things especially,

Watching sevens rugby, joining marathon competition and staying MBS.

I think normal tourist don't go to stadium to watch some game or join marathon competition in their holiday trip.

So that's why I feel this was special.

And staying MBS is very tourist thing but I stayed there thanks to registrar's well-considered care.

We all enjoyed infinity pool and I run around garden by the bay on next morning.

This was one of my best morning.

I cannot express my appreciation in any words!!

Can I recommend you to go NUS??

I can say absolutely yes!